

Nizoral[®] Dandruff Shampoo

ketoconazole

- This product is used to treat and prevent dandruff and dry or greasy scaling of the scalp (seborrhoeic dermatitis).
- The shampoo is for use by adults and children of all ages.
- **Do not use this product:**
 - If you have ever had a **bad reaction** to any of the ingredients. *For the list of ingredients see section 6* ▶
- **Follow the usage instructions carefully.** These are shown in the dosage table. *See section 3* ▶

Now read this whole leaflet carefully before you use this product. Keep the leaflet: you might need it again.

1 What the product is for

Nizoral Dandruff Shampoo is used to treat and prevent dandruff and dry or greasy scaling of the scalp (seborrhoeic dermatitis), which is a more severe kind of dandruff.

The shampoo contains ketoconazole, which is an antifungal that targets an increased number of yeasts on the skin called *Malassezia*. These yeasts occur naturally on everyone's skin, however, people with dandruff and seborrhoeic dermatitis seem to have more *Malassezia*. The shampoo also treats the inflammation associated with dandruff, relieving scalp redness and itching.

This product is for use in adults and children of all ages.

2 Before using this product

This product is suitable for most adults and children, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

✗ Do not use this product...

- If you have ever had a **bad reaction** to any of the ingredients.

If this applies to you, **get advice from a doctor or pharmacist without using Nizoral Dandruff Shampoo.**

⚠ If you are pregnant or breast-feeding

- You can use Nizoral Dandruff Shampoo if you are pregnant, think you might be pregnant or are breast-feeding.

⚠ Special warnings about this product

- As with most shampoos, if any gets into your eyes bathe them gently with water.
- If you have been regularly using a lotion or cream, which contains a steroid (such as *betamethasone* or *hydrocortisone*) to control your dandruff or seborrhoeic dermatitis, gradually use it less over 2 – 3 weeks as you start to use Nizoral Dandruff Shampoo. This will stop your condition flaring up while Nizoral Dandruff Shampoo starts to work. If you have any questions about stopping your steroid lotion or cream, **speak to your doctor or pharmacist.**

3 How to use this product

Check the table below to see how much product to use.

- For external use only.
- Do not use more often than directed in the table. If you need to use a shampoo to wash your hair more often, use your usual shampoo. If your hair is very thick, you can wash with your usual shampoo and then use Nizoral Dandruff Shampoo.

ⓘ Adults and children

Age	How to apply
Adults and children	<ul style="list-style-type: none">■ Wet hair thoroughly.■ Apply a small amount of Nizoral Dandruff Shampoo to your scalp and massage into a lather.■ Leave the lather on your scalp for 3 – 5 minutes.■ Rinse thoroughly.
	<ul style="list-style-type: none">■ Use every 3 or 4 days for 2 – 4 weeks.■ If your scalp has not cleared within 4 weeks, speak to your doctor or pharmacist.■ To keep your scalp clear and to prevent dandruff returning, use Nizoral Dandruff Shampoo once every 1 – 2 weeks. If you stop using Nizoral Dandruff Shampoo altogether, your symptoms may become a problem again.

⚠ If anyone accidentally swallows this product

If anyone accidentally swallows Nizoral Dandruff Shampoo, contact a doctor or your nearest Accident & Emergency department (Casualty) taking this leaflet and pack with you.

turn over ▶





⚠ If you forget an application

If you forget to use Nizoral Dandruff Shampoo use as per the directions next time you wash your hair.

4 Possible side-effects

Nizoral Dandruff Shampoo can have side-effects like all medicines, although these don't affect everyone and are usually mild.

As with other shampoos, a burning sensation, itching or skin redness/irritation may occur on exposed areas.

Effects which may occur include:

Rarely:

- Hair discolouration. This mainly occurs in people with grey hair or hair that has been treated frequently with colours, bleaching or perms.
- Oily and dry hair.

Very Rarely:

- Over-sensitivity (allergic) reactions, hair loss, rashes, hives, dry skin and other local skin reactions.

If you experience any side-effects not included in this leaflet or are not sure about anything, **talk to your doctor or pharmacist.**

5 Storing this product

Keep the product out of the reach and sight of children.

Do not store above 25°C.

Do not use this product after the expiry date shown on the packaging.

6 Further information

What's in this product?

The active ingredient in 1 g of Nizoral Dandruff Shampoo is ketoconazole 20 mg.

Other ingredients are: Sodium lauryl ether sulphate, disodium monolauryl ether sulphosuccinate, coconut fatty acid diethanolamide, laurdimonium hydrolysed animal collagen, macrogol 120 methyl glucose dioleate, sodium chloride, concentrated hydrochloric acid, imidurea, sodium hydroxide, erythrosine sodium (E127), purified water.

What the product looks like

Nizoral Dandruff Shampoo is a pink liquid shampoo. It is available in bottles of 100 ml.

Product Licence holder:

McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG, UK.

Manufacturer:

Janssen Pharmaceutica NV, Turnhoutseweg 30, B-2340 Beerse, Belgium or;

McGregor Cory Ltd, Middleton Close, Banbury, Oxon OX16 4RS or;

Pharmapac UK Ltd, Units 20 & 23, Valley Road Business Park, Bidston, Wirral, CH41 7EL, UK.

This leaflet was revised November 2008.

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